



MESSAGE

STUDY GUIDE

GROUP MATERIAL

SONGS

# How to Pray

[Watch LIVESTREAM here at 10am](#)

[Join our post-sermon discussion on Zoom at 11am](#)

[Join our citKids Connect discussion at 11am](#)

## I. Two Views on Prayer Related to God's Armor

- A) The seventh item of the armor
- B) The 'means' to take the armor

## II. Prayer as the Means to Take the Armor (Eph. 6:17-18)

- A) Verse 18 continues the thought of verse 17
- B) Salvation is realized through prayer (helmet)
- C) How is the word implanted into you? Prayer!

## III. What is Praying in the Spirit? (Eph. 6:18a)

- A) Not speaking or praying in tongues
- B) Being sensitive to the Spirit as you pray

## IV. Prayer in its Various Forms (Eph. 6:18-20)

- A) Communicating with God personally
- B) Requests or Supplications – Hannah prayed for a son
- C) Intercession – Abraham prayed for the people in city of Sodom persistently
  1. Paul asks them to pray for all the saints

2. Paul asks them to pray for him as he unveils the mystery of the gospel to others
  - a) For him to have the words to speak
  - b) For boldness to speak as he should
- D) Spiritual warfare

## **V. Application**

- A) Make your requests known to God (Phil 4:6-7)
- B) Look to join God's mission no matter what you're going through
- C) Pray to support others as they go through different situations
- D) Pray for the gospel to be proclaimed through you and others
- E) Pray for boldness that people would speak as they ought to speak about God
- F) Pray for CIT as we transition to our hybrid model of in-person and Livestream