



MESSAGE

STUDY GUIDE

GROUP MATERIAL

SONGS

Community Group Material:

Bible Reading: Ephesians 4:11-16

Ask one person to pray at the beginning of your meeting.

Check-in

Check in with each other about how everyone is doing.

Bible Reading: Ephesians 4:11-16

Sermon Summary:

Growing Into Maturity

I'm a firm believer that part of our human DNA is the desire to grow & mature! We see this in the youngest children, in teens, in young adults, and even in older people. Well, it shouldn't surprise us then, that when we read the Bible, we God's desire for us to mature and also our own desire to do likewise. In Ephesians 4:13-14, Paul expresses God's goal for our maturity & how remaining as children (immature) is so very dangerous for us.

How do we then mature? In verse 13 we read of the unity of the faith and the knowledge of the Son of God. One is objective and the other subjective. We need to know what it is we believe (the faith), and we need to know experientially our Jesus. These two things can help us in our maturity, and prevent us from being tossed & blow around by those who cunningly and in a scheming way are determined to harm us in our walk (v. 14).

Discussion:

1. What are some ways that you have made the decision to mature as a person?

2. Read Philippians 1:6 ; 3:12, 14 & Col. 1:28-29. How is Paul joining God in his mission?
3. Are there times when you have been blown about because you heard or read something that disturbed your walk with Jesus? Discuss.
4. What things (practices) have you found helpful to grow your understanding of “the faith” (what we believe) and your experience of Jesus? How are you being a Berean (Acts 17:10-11)?
5. Are you more like Martha (active disposition) or Mary (contemplative disposition)? How has God helped you to include both the contemplative and active aspects of the Christian life into your walk? What have you found to be helpful to help you to be sitting at Jesus’ feet while doing your work or taking care of the kids or doing your schoolwork?

End with Prayer.

- Pray for each of us being much more intentional about our Christian maturity.
- Pray for any needs of people in your group.