



MESSAGE

STUDY GUIDE

GROUP MATERIAL

SONGS

Mission of God: A Worthy Walk

[Watch LIVESTREAM here at 10am](#)

[Join our post-sermon discussion on Zoom at 11am](#)

[Join our citKids Connect discussion at 11am](#)

I. A Look Back and Forward (Eph. 4:1a)

- A. Therefore – a look back
- B. Therefore – a look forward

II. A Worthy Walk (Eph. 4:1b)

- A. Walk = live or lifestyle (Eph. 2:2, 10; 4:1, 17; 5:2, 8, 15)
 - 1. A life of sin directed by the evil cosmic powers (Eph. 2:1-4)
 - 2. A life of God-prepared good works (Eph. 2:10)
- B. A walk worthy of the calling
 - 1. Worthy = balanced
 - 2. A life that matches what God has made us to be (Eph. 1-3 + 4-6)
- C. Walking by God's power and not by our own strength

III. The Virtues of the Walk (Eph. 4:2-3)

- A. A multi-ethnic, racial, cultural, & social group of believers
- B. Walk with all humility (Phil. 2:5-8)
- C. Walk with all gentleness (Gal. 5:23; Matt. 11:29; 21:12-13)
- D. Walk with patience (Gal. 5:22)
- E. Bearing with one another in love

IV. A Walk that Keeps the Unity of the Spirit (Eph. 4:4-7)

A. Making every effort to keep the unity of the Spirit

B. Modelled on the Trinity

1. One body (Eph. 1:23; 2:16; 3:5-6)

2. One **Spirit** (Eph. 2:18, 22)

3. One hope

4. One **Lord**

5. One faith

6. One baptism

7. One **God** and Father of all

C. Unity with diversity, not uniformity (Eph. 4:7)