



MESSAGE

STUDY GUIDE

GROUP MATERIAL

SONGS

## Community Group Material:

Ask one person to pray at the beginning of your meeting.

### Check-in

Check in with each other about how everyone is doing.

**Bible Reading:** Ephesians 6:10~17a; Isaiah 59:17; 1 Thessalonians 5:8~9

### Sermon Summary:

Salvation is the helmet we wear into daily battle against the evil powers! God gives us his complete and tested salvation, just as he wore himself into battle for his people in Isaiah 59. His salvation is all that he has done for you and I to rescue, redeem, renew, revive and restore us from sin, death, and those evil powers. Paul charges us to take, or grab the salvation that God provides for us so we can protect us from the damaging and discouraging thoughts that Satan loves to inject into our minds.

God's salvation not only deals with our past. God is still saving us in the present, and promises that we will obtain salvation even in the future (1 Thess. 5:9). What is our battle plan against Satan's attacks? First, we take every thought captive and tear down any strongholds or fortresses that have been established in us (1 Cor. 10:4~5). Second, we think on all the good things that God has done and is doing in and around us (Phil. 4:8).

### Discussion:

1. How would you describe the helmet of salvation? What items are included in it?
2. Salvation takes care of your **past** . How does Satan attack it? How do we withstand?
3. Salvation helps us in the **present** . How does Satan attack it? How do we withstand?

4. Salvation takes care of your **future** . How does Satan attack it? How do we withstand?
5. As Satan injects unhealthy thoughts into your mind, what is a great remedy for that?
6. 2 Cor. 10:4~5 talk about overthrowing or destroying strongholds within us. How do we do that?
7. How does Phil. 4:8 help us?

**End with Prayer.**

- Pray for a clearer understanding of what our salvation from God includes.
- Pray for any needs of people in your group.